



Mount Manasarover Kailash Yatra

Tour Name: Mount Kailash Yatra by Helicopter via Nepalgunj/Simikot/Hilsa/Taklakot.

Tour Code: ET15

Duration: 11 Days

Location: Tibet, Asia

Overview:

Mt. Kailash, the sacred mountain and the abode of the Hindu god Shiva is one of the World's greatest pilgrimage destinations especially for Hindus, Buddhist, Jains and others. The breathtaking beauty of this sacred mountain and the holy lake of Mansarover along with ruins of 9th Century of Guge Kingdom in Far Western Tibet are a reward of a life time to experience.

Recognized By and Popular among People as The Roof of the World, TIBET has fascinated humanity for centuries. This land beyond the mighty Himalayas, on the highest plateau of the world, was inaccessible to the outside world and has always been a challenge to all mortal beings as a unique destination: Tibet is a land of spectacular skylines, majestic mountain peaks, breath taking canyons, serene high-land lakes, rolling pastures and farmlands & pristine Forests. It also is a land of ancient Buddhist culture, artistic monasteries and centuries-old caravan trails. Its snow-covered mountains and windswept plateau are the highest in the world. The world's highest mountain - Mount Everest, rises in southern Tibet. Ka-erh in western Tibet, with an elevation of more than 15,000 feet (4,570 meters) above sea level, is believed to be the highest town in the world.

ITINERARY:

Mt. Kailash Yatra by Helicopter via Nepalgunj / Simikot / Taklakot.

Duration - 11 Days

DAY 01: Arrival Kathmandu Air port and transfer to Hotel by our representative.

DAY 02: We will visit Pashupatinath temple biggest Hindu Temple. After paying homage to the lord Pashupatinath will visit of Kathmandu city including Budhanilkantha, the where lies the temple of Vishnu Narayan famous for it's large idol of Narayan laying on the bed of snakes in water, Boudhanath Buddhist Stupa in town, Bhaktapur Durbar Square 15th century Famous Palace of 55 windows.

Day 03: Early morning fly to Nepalgunj by Domestic Air and transfer to Hotel with our Scort and stay at Hotel Batika / Sneha.



Day 04: Early morning Fly to Simikot 3500m. and rest few hrs to complete Immigration process of Nepalese side and then Helicopter to Hilsa -Taklakot border stay at lodge.

Day 05: Stay one more night for acclimatization at the same lodge.

DAY 06: Drive to MANASAROVAR - (4560m.)

After taking holy bath and performing Puja, will take you to Parikrama of Mansarovar Lake and proceed to Base Camp of Mt.Kailash - stay at Guest House in Darchen.

DAY 07: TREK TO DIRA-PUK (4900m) -

Drive about 8 km to Tarboche, this is the starting point of Kora and trek to Deraphuk, stay at camp. The 55km trek around Mt.Kailash. Those who do not want wish to trek around Kailash can go back to Mansarovar / Darchen and wait for the Kora group to return.

DAY 08: TREK TO ZUTUL-PUK (4790m) -

We will again Proceed to Drolma Chu Valley, heading up towards a high pass, the Drolma La (5640m). It's a tough climb to the summit which is festooned with prayer flags but from there it is all downhill or flat to Zuthul-phuk. Stay at the camp of Zuthul-phuk.

DAY 09: TREK TO DARCHEN (4560m) - DRIVE TO MANASAROVAR -

After completing Kora will go further 2 hrs treks where our Jeeps awaiting for us. Drive to Taklakot via Darchen - stay at Taklakot Guest House/Camp.

DAY 10: Early morning drive to Hilsa -Surkhet Nepaljung/Surkhet & fly back to Kathmandu or Drive to Indian Border and drop to Lucknow by Sumo for onward journeys.

Day 11: Transfer to Airport for onward journeys.

Group size: Minimum 10 pax

Group joining basis: USD..... per person

INR per person using New Model Land Cruiser

Single Supplement: USDper person

Services Includes In Above Tour Cost

- Hotel with full board in Kathmandu 4 Star Hotel.
- Airports pick up and drop services.
- One half day sightseeing Tour of Kathmandu.
- Domestic flight KTM-Nepaljung-Simikot-Nepaljung-kathmandu & Helicopter to Hilsa -Taklakot border-Hilsa.
- Transport by 4W Japanese Land Cruiser.



- Supporting Truck for Luggage.
- Nepali Team Leader and Supporting Team.
- English speaking Tibetan guide.
- Buffet Indian veg. meals (South Indian, Gujrati , Marwadi)
- Chinese visa fee of Nepali and Client.
- Sleeping mat, Jacket and Sleeping Bag while on Kailash Tour (returnable after trip).
- Free Duffel Bag.
- Guesthouses and camping charges in Tibet.
- All camping and cooking equipment.
- Yak for Kailash parikrama luggage only.
- All entrance and conservation fee of Tibet.
- Gamow bag, oxygen.

Services Excludes In Above Tour Cost.

- Airfares from Home - Kathmandu - Home.
- All beverages, Photography charges and Telephone calls.
- Insurance of clients.
- Riding Yak/Horse for Kailash Parikrama (direct payable to Yak/horse herder)
- Extra cost in the event of landslide for hiring additional transportation INR 350 per person.
- Kodari land tax INR 200 per pax (direct payable at Kodari)
- Services other than specified.

What we provide to our clients:

- Sleeping bag, down Jacket, Gamow bag and Oxygen.
- We don't charge extra for the parikrama. If you wish to take help of a yak or horse, the cost will be approx US\$ 60 for Yak and USD 100 for horse payable directly to the yak herder. All Indian pilgrims are advised to hire one. You have to understand that the yaks are not domesticated but are meant to carry luggage.

Model of payments

- 25 days prior to tour departure date, 30% of the total cost should reach Emery Express Travels Pvt. Ltd account with passport of client.
- And full payment should make before departure to Kailash Manasarovar Yatra. Tour



Cancellation policy

- All notice of cancellation must be sent to our office in written. Verbal cancellations will not be entertained.
- 20 days before trip departure 10% of total trip cost.
- 15 days before trip departure 20% of total trip cost.
- 07 days before trip departure 50% of total trip cost.
- 05 days before trip departure 90% of total trip cost.
- 03 days before trip departure 100% of total trip cost.

IMPORTANT PRE-DEPARTURE INFORMATION:

Clothing:

Casual wears and comfortable walking shoes are the rule of Tibet . Be sure to bring warm clothing as nights and early mornings can be quite chilly to down right cold. Indian Pilgrims strictly no Sari. Bring all the film, medicine, cosmetics, personal toilet items etc. that you will need from home as these are difficult if not impossible to obtain on the way. A small first aid kit is also a good idea. Also quite useful is a route map, to know where you are going and have been each day.

What to take:

Winter wear: Gore-Tex material, though expensive, is highly recommended. Down jacket, raincoat or windbreakers, thermal under wears, Jackets, warm trousers & woolen shirts (cotton will also do), warm sweaters, woolen gloves, sun hat, comfortable shoes, light leather boots in case of snow, woolen balaclava ('monkey cap') & scarf/dust mask to protect your eyes & nose from dust.

Bring with you:

Snacks along the way. Chocolates, dry fruit, toffees, glucose; 'namkeen' etc. Strong water bottle & water purifying tablets. Personal medical kit and Diamox tablet (for high altitude). Sun glasses (to protect your eyes from UV, which is especially strong in high altitudes). Sun block or sun screen lotion, wet tissues (Fresh-ones are excellent to wipe off the dust), clothes-line/clips, needle & thread, deo-spray (handy for smelly boots/feet and for a round of spray in the toilet tent!), toilet paper, torch & spare batteries, daypack (small shoulder bag), Camera & films, Binocular.



Health:

This is one of the toughest high altitude road journeys on earth. You Must be physically fit - no two ways about that. Generally patients with asthma & heart problems have a problem acclimatizing to high altitudes. In your interests it is essential you should be examined by your doctor to know about your health condition and your ability to cope up with the rigors of high altitude travel for days in 'no road' conditions, extreme cold, dust, trekking to an altitude of 19500ft during the Parikrama, etc.

Altitude Sickness:

As you are traveling over high terrain, you are likely to experience symptoms and discomfort of altitude sickness (headache, loss of appetite, nausea, exhaustion, sleeplessness, breathlessness etc.) until your body adjusts to the elevation. This can take a couple of days or more depending on an individual. For this reason alone, we have made it mandatory to stay 2 nights at Nyelam (12000ft) and a night in Simikot those who take journey of Helicopter before moving on to the higher altitudes. Drink plenty of water, be calm, and do not exercise. Do not drink alcohol or smoke prior to and during the tour. We also recommend you carry a strip of Diamox tablets. Do consult your physician on the dosage. We provide Gamow bag (a special equipment to prevent sickness from high altitude) on this tour.

Currency:

The unit of Chinese currency is Yuan. USD 1 = 7.9 Yuan. 1 Yuan = INR 5-6 approx; Money can exchange at Bank of China at Zhangmu or from the locals at Zhangmu or Kodari. Exchange all your remaining Yuan at the end of the trip at Zhangmu itself before re-entering Nepal.

Risks & Liability:

Emery Express Travels Pvt. Ltd and its associates will put every effort to make your journey smooth and pleasant. However, all the tours in Tibet are conduct strictly under the rules & regulation of Tibet Tourism Bureau (TTB). Therefore, Emery Express Travels Pvt. Ltd and its counterpart shall not be responsible for any change and alteration in the program due to unavoidable circumstances such as landslide, road blockage, flood, snow, political unrest, and cancellation of flight, delay arrival, sickness or accidents. Any extra cost incurred thereof shall be borne by the clients on the spot.